

## Roles and Responsibilities- Diabetes Educator

### Role Overview:

The Diabetes Educator provides specialized support and education to patients with Type 1, Type 2, and gestational diabetes. This role focuses on empowering patients to manage their condition effectively, improve their quality of life, and prevent complications. The educator works collaboratively with GPs, specialists, dietitians, and other healthcare professionals to deliver evidence-based care tailored to individual needs.

### Key Responsibilities:

#### Patient Education & Support

- Provide comprehensive education to patients and families on diabetes management, including blood glucose monitoring, medication administration, and lifestyle modifications.
- Teach patients how to recognize and manage symptoms of hypo- and hyperglycemia.
- Support patients in insulin initiation, titration, and ongoing adjustments as prescribed by the clinician.
- Offer guidance on diet, exercise, and behavioral strategies to achieve optimal glycemic control.

#### Clinical Care & Assessment

- Conduct initial and follow-up assessments to evaluate patients' self-management skills, treatment adherence, and progress.
- Develop individualized care and education plans in collaboration with the multidisciplinary team.
- Assist patients in interpreting blood glucose trends and adjusting self-care strategies accordingly.
- Support the management of diabetes-related complications and risk factors, including foot care, cardiovascular health, and weight management.

#### Collaboration & Multidisciplinary Care

- Work closely with GPs, endocrinologists, dietitians, podiatrists, and other allied health providers to deliver coordinated care.
- Participate in case conferences and care planning meetings as required.
- Refer patients to additional services or specialists where appropriate.

#### Compliance & Documentation

- Maintain accurate, up-to-date, and confidential patient records in accordance with practice and regulatory standards.

- Ensure compliance with clinical guidelines, organizational policies, and professional standards.
- Monitor and report patient progress and program outcomes to the clinical leadership team.

#### **Health Promotion & Community Engagement**

- Participate in community outreach programs, workshops, or support groups to raise awareness about diabetes prevention and management.
- Provide education to carers, school staff, or workplaces when relevant.

#### **Professional Development**

- Stay up-to-date with the latest clinical research, technology, and guidelines in diabetes management.
- Maintain professional certification and engage in continuing education activities.